



El Nido Rd.

Start Lines on Mt. Diablo Blvd  
 5k @ 8:30 10k @ 8:45 2-m @ 9:00

5k & 10k Turn

2-Mile Turn

Finish Lines on Mt. Diablo Blvd (approaching)  
 2-m Left 5k Center 10k Right

Water Station  
 Approx. 2.3 mi. on 10k

Water Station  
 (Right side of Mt. Diablo)  
 Approx. 5.4 mi. on 10k  
 Approx. 2.3 mi. on 5k

Water Station  
 (Center divide, Mt. Diablo)  
 Approx. 1.1 mi. on 2-mile

5k Blue Course  
 10k Red Course  
 2-mile Green Course

Water Station  
 Approx. 4.5 mi. on 10k

Lafayette Reservoir Run  
 Course Layout  
 (All courses are pavement)